BE peaceful

A Tuscan retreat for women who want to live their **BEST_LIFE_EVER**.

BE adventurous

BETHERE



Jen Rubinetti- Founder of The Mystical Connection, a Wellness Concierge Service. Jen is a Spiritual Life Coach and a master Reiki and Sound healing Practitioner.



Joanna Rajendran- Keynote Speaker, Yoga Teacher & Mindset Mastery Coach. Joanna is also the author of the must-read book My **Guru Wears Heels.**

In addition to facilitating transformational workshops & retreats, Jen & Joanna are the hosts of the **MANIFEST STATION** podcast.

BETREAT 10.9.26 - 10.15.26

Expect to be surrounded by amazing women in an exceptional setting that will engage all of the senses. Inspirational workshops, yoga & meditation classes and therapeutic sessions will create the space for a truly transformational experience.

All while being immersed in a stunning Tuscan villa with fine Italian food, wine & curated excursions.







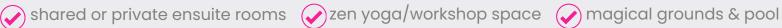
PODERE MACCHIONE

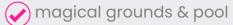
Antico Macchione is a beautifully restored farmhouse in the hills to the south of Siena. A place that is at once welcoming and tranquil, with sweeping vistas and sumptious spaces to read, write, relax and feel restored

The ancient farm building has undergone a 7 year restoration programme desgined with retreats in mind to create a perfect blend of communal spaces and individualized sanctuary-style spaces.

FEATURES





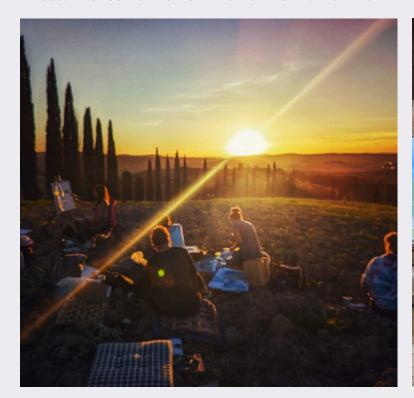


SPACE IS LIMITED



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JOIN US



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THE ITINERARY

Please note that the magic is still in the making & that activities & times may shift

10.9 fri

TRAVELDAY

WELCOME APERITIVO

• CIRCLE EXERCISE- INTENTION SETTING

DINNER AT THE VILLA

CANDLELIGHT MEDITATION

DAY2

10.10 sat

MORNING YOGA

BREAKFAST AT VILLA

MORNING WORKSHOP SESSION

LUNCH AT VILLA

LANDSCAPE PAINTING CLASS

DINNER AT VILLA

SOUND HEALING

DAY3

10.11 sun

CACAO CEREMONY/ BREATHWORK

BREAKFAST AT VILLA

MORNING WORKSHOP SESSION

LUNCH AT VILLA

FREE TIME

WINE TASTING & DINNER OUT

GUIDED MEDITATION

DAY4

10.12 mon

MORNING YOGA

BREAKFAST AT VILLA

MORNING WORKSHOP SESSION

LUNCH AT VILLA

PLANT RITUAL

PASTA MAKING CLASS & DINNER AT VILLA

YOGA NIDRA

DAY5

10.13 tue

MORNING SOUND HEALING/ MEDITATION

BREAKFAST AT VILLA

MORNING WORKSHOP SESSION

LUNCH AT VILLA

• TRIP TO SIENA - GUIDED WALKING TOUR

DINNER IN SIENA

DANCE PARTY AT VILLA

DAY6

10.14 wed

PARTNER YOGA

BREAKFAST AT VILLA

• TRIP TO THERMAL HOT SPRINGS

LUNCH IN AN OLD TUSCAN TOWN

EXPLORE & SHOP IN A QUAINT VILLAGE

DINNER AT VILLA

CLOSING CEREMONY

10.15 thu

TRAVELDAY

GOODBYE BREAKFAST

INTENTION SEALING
MORNING DEPARTURE

We can't wait to experience this **BETREAT** with you!

With love,

Jen & Joanna



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10.9.26 - 10.15.26 THE PRICING

EARLY	BIRD	PRICING	VALID	UNTIL	12.31.25
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PRIVATE ROOM 6,000 EURO SHARED ROOM 5,500 EURO

REGULAR PRICING BEGINS 1.1.26

PRIVATE ROOM 6,500 EURO SHARED ROOM 6,000 EURO

THE ABOVE PRICING INCLUDES:

- 6 NIGHT STAY AT PODERE MACCHIONE
- MEALS (MOSTLY PREPARED AT THE VILLA BY A PRIVATE CHEF)
- EXCURSIONS
- WORKSHOPS
- CLASSES
- WINE TASTINGS

NOT INCLUDED IN THE PRICING:

- AIRLINE TICKET & TRAVEL TO THE VILLA (TRANSPORT ACCOMMODATIONS CAN BE ARRANGED UPON REQUEST)
- A LA CARTE TREATMENTS (MASSAGE, FACIAL, ETC.)
- SHOPPING

ADDITIONAL INFO

ROOMS WILL BE DESIGNATED IN THE ORDER IN WHICH PEOPLE SIGN UP

- YOU ARE CONSIDERED BOOKED ONCE A 50% DEPOSIT IS VENMOED TO @THERAJENDRANGROUP
- THE REMAINING 50% WILL BE DUE BY AUG 11, 2025 (60 DAYS PRIOR)
- IF YOU CHOOSE A SHARED ROOM AND ARE TRAVELING ALONE, YOU WILL BE THOUGHTFULLY PAIRED WITH SOMEONE DEEMED TO BE A "GREAT FIT"
- DIETARY PREFERENCES/RESTRICTIONS WILL BE HAPPILY ACCOMMODATED (REFUNDS CAN ONLY BE GRANTED IF WITHIN 30 DAYS OF BOOKING AND PRIOR TO MARCH 1, 2026)