

BETREAT ^{BE}present

A Tuscan retreat for women who want to live their **BEST.LIFE.EVER.**

^{BE}peaceful

^{BE}adventurous

BETHERE



Jen Rubinetti - Founder of **The Mystical Connection**, a Wellness Concierge Service. Jen is a Spiritual Life Coach and a master Reiki and Sound healing Practitioner.



Joanna Rajendran - Keynote Speaker, Yoga Teacher & Mindset Mastery Coach. Joanna is also the author of the must-read book **My Guru Wears Heels**.

In addition to facilitating transformational workshops & retreats, Jen & Joanna are the hosts of the **MANIFEST STATION** podcast.

BETREAT

10.9.26 - 10.15.26

Expect to be surrounded by amazing women in an exceptional setting that will engage all of the senses. Inspirational workshops, yoga & meditation classes and therapeutic sessions will create the space for a truly transformational experience.

All while being immersed in a stunning Tuscan villa with fine Italian food, wine & curated excursions.



PODERE MACCHIONE

Antico Macchione is a beautifully restored farmhouse in the hills to the south of Siena.

A place that is at once welcoming and tranquil, with sweeping vistas and sumptuous spaces to read, write, relax and feel restored.

The ancient farm building has undergone a 7 year restoration programme designed with retreats in mind to create a perfect blend of communal spaces and individualized sanctuary-style spaces.

FEATURES

- ✓ shared or private ensuite rooms
- ✓ zen yoga/workshop space
- ✓ magical grounds & pool

SPACE IS LIMITED

TO RESERVE YOUR SPACE OR TO FIND OUT MORE CONTACT:

 BEtreatinfo@gmail.com

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JOIN US

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THE ITINERARY

Please note that the magic is still in the making & that activities & times may shift

10.9 fri

TRAVELDAY

WELCOME APERITIVO

- CIRCLE EXERCISE- INTENTION SETTING

DINNER AT THE VILLA

- CANDLELIGHT MEDITATION

DAY2

10.10 sat

- MORNING YOGA

BREAKFAST AT VILLA

- MORNING WORKSHOP SESSION

LUNCH AT VILLA

- LANDSCAPE PAINTING CLASS

DINNER AT VILLA

- SOUND HEALING

DAY3

10.11 sun

- CACAO CEREMONY/ BREATHWORK

BREAKFAST AT VILLA

- MORNING WORKSHOP SESSION

LUNCH AT VILLA

- FREE TIME

WINE TASTING & DINNER OUT

- GUIDED MEDITATION

DAY4

10.12 mon

- MORNING YOGA

BREAKFAST AT VILLA

- MORNING WORKSHOP SESSION

LUNCH AT VILLA

- PLANT RITUAL

PASTA MAKING CLASS & DINNER AT VILLA

- YOGA NIDRA

DAY5

10.13 tue

- MORNING SOUND HEALING/ MEDITATION

BREAKFAST AT VILLA

- MORNING WORKSHOP SESSION

LUNCH AT VILLA

- TRIP TO SIENA - GUIDED WALKING TOUR

DINNER IN SIENA

- DANCE PARTY AT VILLA

DAY6

10.14 wed

- PARTNER YOGA

BREAKFAST AT VILLA

- TRIP TO THERMAL HOT SPRINGS

LUNCH IN AN OLD TUSCAN TOWN

- EXPLORE & SHOP IN A QUAIN T VILLAGE

DINNER AT VILLA

- CLOSING CEREMONY

10.15 thu

TRAVELDAY

GOODBYE BREAKFAST

- INTENTION SEALING

MORNING DEPARTURE

We can't wait to
experience this
BETREAT with you!

With love,
Jen & Joanna

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THE PRICING

EARLY BIRD PRICING VALID UNTIL 12.31.25

PRIVATE ROOM

6,000 EURO

SHARED ROOM

5,500 EURO

REGULAR PRICING BEGINS 1.1.26

PRIVATE ROOM

6,500 EURO

SHARED ROOM

6,000 EURO

THE ABOVE PRICING INCLUDES:

- 6 NIGHT STAY AT PODERE MACCHIONE
- MEALS (MOSTLY PREPARED AT THE VILLA BY A PRIVATE CHEF)
- EXCURSIONS
- WORKSHOPS
- CLASSES
- WINE TASTINGS

NOT INCLUDED IN THE PRICING:

- AIRLINE TICKET & TRAVEL TO THE VILLA
(TRANSPORT ACCOMMODATIONS CAN BE ARRANGED UPON REQUEST)
- A LA CARTE TREATMENTS (MASSAGE, FACIAL, ETC.)
- SHOPPING

ADDITIONAL INFO

ROOMS WILL BE DESIGNATED IN THE ORDER IN WHICH PEOPLE SIGN UP

- YOU ARE CONSIDERED BOOKED ONCE A 50% DEPOSIT IS VENMOED TO @THERAJENDRANGROUP
- THE REMAINING 50% WILL BE DUE BY AUG 11, 2025 (60 DAYS PRIOR)
- IF YOU CHOOSE A SHARED ROOM AND ARE TRAVELING ALONE, YOU WILL BE THOUGHTFULLY PAIRED WITH SOMEONE DEEMED TO BE A "GREAT FIT"
- DIETARY PREFERENCES/RESTRICTIONS WILL BE HAPPILY ACCOMMODATED
(REFUNDS CAN ONLY BE GRANTED IF WITHIN 30 DAYS OF BOOKING AND PRIOR TO MARCH 1, 2026)